Gut-Residing Segmented Filamentous Bacteria Drive Autoimmune Arthritis via T Helper 17 Cells

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SUMMARY
Commensal microbes can have a substantial impact on autoimmune disorders, but the underlying molecular and cellular mechanisms remain largely unexplored. We report that autoimmune arthritis was strongly attenuated in the K/BxN mouse model under germ-free (GF) conditions, accompanied by reductions in serum autoantibody titers, splenic autoantibody-secreting cells, germinal centers, and the splenic T helper 17 (Th17) cell population. Neutralization of interleukin-17 prevented arthritis development in specific-pathogen-free K/BxN mice resulting from a direct effect of this cytokine on B cells to inhibit germinal center formation. The systemic deficiencies of the GF animals reflected a loss of Th17 cells from the small intestinal lamina propria. Introduction of a single gut-residing species, segmented filamentous bacteria, into GF animals reinstated the lamina propria Th17 cell compartment and production of autoantibodies, and arthritis rapidly ensued. Thus, a single commensal microbe, via its ability to promote a specific Th cell subset, can drive an autoimmune disease.

INTRODUCTION
Mammals host trillions of microbes at diverse locations throughout the body, in particular in the gut (Bäckhed et al., 2005; Ley et al., 2006, 2008b). The enormity and complexity of these commensal (or mutualistic) communities have been difficult to deal with until recently, when stripping advances in “next generation” sequencing methods, entailing either 16S rRNA or “shotgun” cataloguing, rendered this field navigable terrain.

The gut microbiomes of humans and mice are broadly similar (Bäckhed et al., 2005; Ley et al., 2006, 2008a, 2008b). In both cases, ~1000 different microbial species from ~10 different divisions colonize the gastrointestinal tract, but just two bacterial divisions—the Bacteroidetes and Firmicutes—and one member of the Archaea appear to dominate, together accounting for ~98% of the 16S rRNA sequences obtained from this site. The number and identity of microbial communities vary along the length of the gut, in a proximal to distal gradient of abundance (small intestine < cecum < colon) and across the three dimensions of the lumen and mucous layers. The total number of genes borne by the gastrointestinal microbiome has been estimated to exceed more than a 100-fold that of the human genome (Ley et al., 2006). The products of these genes are put to good use by the host, for example in digestion, production of nutrients, detoxification, defense against pathogens, and development of a competent immune system (Bäckhed et al., 2005; Ley et al., 2006, 2008b).

The gastrointestinal microbiome and the immune system are closely tied, each influencing and being influenced by the other (Macpherson and Harris, 2004; Mazmanian and Kasper, 2006; Rakoff-Nahoum and Medzhitov, 2008; Vassallo and Walker, 2008; Duerkop et al., 2009). In general terms, the incomplete state of the immune system in germ-free (GF) conditions and in neonatal individuals argues that its normal maturation is driven by commensal microbes—for example, GF-housed individuals and neonates can have a reduced fraction of peripheral CD4+ T lymphocytes, a systemic tilt toward the T helper 2 (Th2) cell phenotype, defective T and B cell compartments in gut-associated lymphoid tissue, reduced complements of immunoglobulin G (IgG) and IgA antibodies (Abs), etc. (Mazmanian et al., 2005, 2008; Rakoff-Nahoum et al., 2004; Ivanov et al., 2008; Atarashi et al., 2008; Grice et al., 2009; Macpherson and Harris, 2004; Vassallo and Walker, 2008). In more specific terms, gut-resident bacteria—sometimes even a single species—can have a strong influence on the emergence and/or maintenance of particular CD4+ T cell subsets. Examples include the effects of specific bacteria on the emergence of Th17 cells in the intestinal lamina propria (LP) (Ivanov et al., 2008, 2009; Atarashi et al., 2008; Salzman et al., 2010; Gaboriau-Routhiau et al., 2009) and the impact of Bacteroides fragilis on systemic Th1 cells and local interleukin-10 (IL-10)-producing regulatory T cells (Mazmanian et al., 2005, 2008). In both cases, dendritic cells (DCs) are thought to be the initial target of mediators produced either by the culprit microbe.
or in response to it—adenosine-5'-triphosphate (ATP) or serum amyloid A (SAA) in the former case (Atarashi et al., 2008; Ivanov et al., 2009) and the polysaccharide PSA in the latter (Mazmanian et al., 2005).

Given these tight associations, it is not surprising that gut microbiota have been linked to pathologies of the immune system, notably allergies and autoimmune disorders (Strachan, 1989; Willis-Karp et al., 2001; Kelly et al., 2007). Ties to inflammatory bowel diseases are easy to understand, but the cellular and molecular mechanisms by which intestinal commensals influence autoimmune responses at distal sites remain enigmatic. The time seems ripe to apply new, and rapidly emerging, knowledge about the composition and properties of the gastrointestinal microbiome and about the activities of recently discovered effector and regulatory T cell subsets to dissecting these mechanisms in autoimmune disease models. We chose to study the K/BxN T cell receptor (TCR) transgenic mouse model of inflammatory arthritis because of its easily distinguishable initiation and effector stages (Kouskoff et al., 1996; Korganow et al., 1999; Matsumoto et al., 1999). The initiation phase relies primarily on the adaptive immune system. T lymphocytes displaying the transgene-encoded TCR recognize a self-peptide derived from glucose-6-phosphate isomerase (GPI) presented by the major histocompatibility complex class II molecule, Ag7; these autoreactive T cells provide exceptionally effective help to GPI-specific B cells, resulting in massive production of GPI autoAbs, primarily of the IgG1 isotype. The effector phase, which can be mimicked by transfer of serum from K/BxN into standard mice, is executed primarily by innate immune system players. GPI:anti-GPI immune complexes initiate a self-sustaining inflammatory response that mobilizes mast cells, neutrophils, the alternative pathway of complement, Fcγ receptors, tumor necrosis factor-α (TNF-α), IL-1, etc. Arthritis ensues rapidly (beginning at about 4 weeks of age) and with high penetrance (close to 100%).

Here we report that arthritis was attenuated in K/BxN mice housed under GF conditions. Disease dampening was traced to a dearth of Th17 cells, which could be reversed by introducing segmented filamentous bacteria (SFB) into the gut of GF-housed mice, provoking rapid onset of arthritis. Thus, we provide an example of an extra-gut autoimmune disease triggered by a single member of the commensal intestinal microbiota through its promotion of a particular Th cell subset.

**RESULTS**

**Germ-Free K/BxN Mice Have Reduced GPI AutoAb Titers and Attenuated Arthritis**

To explore the impact of commensal microbes on the development of autoimmune arthritis, we established GF colonies of KR/N/B6 and NOD mice and mated the two strains to obtain K/BxN experimental animals. As judged by both ankle thickening (Figure 1A) and clinical index (not shown), GF-housed K/BxN mice developed an attenuated arthritis compared with that of K/BxN animals contemporaneously housed in a specific-pathogen-free (SPF) facility—both delayed in onset and reduced in severity.

A key disease landmark in this arthritis model is the production of high titers of serum GPI autoAbs, which separates the initiation phase, dependent on the adaptive immune system, from the effector phase, mostly driven by innate immune system mechanisms in autoimmune disease models. We chose to study the K/BxN T cell receptor (TCR) transgenic mouse model of inflammatory arthritis because of its easily distinguishable initiation and effector stages (Kouskoff et al., 1996; Korganow et al., 1999; Matsumoto et al., 1999). The initiation phase relies primarily on the adaptive immune system. T lymphocytes displaying the transgene-encoded TCR recognize a self-peptide derived from glucose-6-phosphate isomerase (GPI) presented by the major histocompatibility complex class II molecule, Ag7; these autoreactive T cells provide exceptionally effective help to GPI-specific B cells, resulting in massive production of GPI autoAbs, primarily of the IgG1 isotype. The effector phase, which can be mimicked by transfer of serum from K/BxN into standard mice, is executed primarily by innate immune system players. GPI:anti-GPI immune complexes initiate a self-sustaining inflammatory response that mobilizes mast cells, neutrophils, the alternative pathway of complement, Fcγ receptors, tumor necrosis factor-α (TNF-α), IL-1, etc. Arthritis ensues rapidly (beginning at about 4 weeks of age) and with high penetrance (close to 100%).

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**Figure 1. Attenuation of Arthritis in GF K/xBN Mice**

(A and B) Ankle thickening values (A) and anti-GPI titers (B) for GF and SPF K/BxN mice of the indicated ages. Each symbol represents one animal; bars indicate the group mean.

(C) GF K/BxN mice were shipped to our SPF facility and upon weaning (day 21), ankle thickening was measured from day 23. Closed circles, average of ankle thickening ± SEM, serially measured on cohorts; closed triangles, analogous measurements for SPF-housed K/BxN mice; open circles, values for individual GF-housed K/BxN mice, not measured serially because of experimental contingencies.

(D) Sera were collected at the end of the experiment depicted in (C). The bar indicates the mean. Asterisks indicate statistical significance via the Student’s t test (*p = 0.05, **p < 0.05, ***p < 0.005).
players (Korganow et al., 1999). At 8 weeks of age, serum total IgG (Figure 1B) as well as IgG1 (Figure S1 available online), the dominant anti-GPI Ab isotype in the K/BxN model (Korganow et al., 1999), were substantially lower in GF K/BxN mice than in their SPF counterparts. At later time points, the difference in anti-GPI titers under the two housing conditions was not so apparent, in contrast to the continued attenuation of ankle thickness in GF mice. Such discordance between autoAb titers and the degree of ankle thickening is frequent at late time points in this model. At this stage of disease, ankle thickness reflects primarily bone remodeling and fibrosis, and so is a cumulative index of disease duration and severity rather than an indicator of concomitant inflammation (Kouskoff et al., 1996).

To confirm that the differences in disease parameters really reflected the GF environment—and not, for example, genetic drift—and to evaluate their reversibility, we transferred 21-day-old GF K/BxN mice back into our SPF facility. After 14 days, they had already begun to develop arthritis, which soon surpassed the disease of straight GF K/BxN animals in both its speed and severity but was still delayed and diminished vis-à-vis straight SPF counterparts (Figure 1C). Clinical disease severity reflected the titers of GPI autoAb attained at 7 weeks of age under the three housing conditions (Figure 1D). Thus, commensal microbes are required for the development of high GPI autoAb titers and severe arthritis in the K/BxN model.

The Impact of Commensal Microbes on the Adaptive Immune System of K/BxN Mice

Although influences on effector-phase processes certainly remain possible, the reduced GPI autoAb titers in the absence of commensal microbes suffices, in and of itself, to explain the attenuated arthritis in GF K/BxN mice (Matsumoto et al., 1999). Therefore, we examined the impact of commensals on the adaptive immune system in this model, focusing on the spleen because by far most GPI Ab-secreting cells (ASCs) reside in this organ (Maccioni et al., 2002; Huang et al., 2010). First, we surveyed the B lymphocyte compartments, performing a four-way comparison of splenocytes from 6- to 8-week-old BxN versus K/BxN mice housed in SPF versus GF conditions. The percentages and numbers of splenic B cells (CD19+) in GF and SPF K/BxN mice were similar (Figure S2A), as were, more specifically, their T1 (IgM+IgD+), T2 (IgM+IgD−), mature (IgM−IgD−), follicular (CD21loCD23hi), and marginal zone (CD21hiCD23lo) B cell compartments (Figures S2B and S2C). SPF K/BxN mice showed an increase in the percentage of splenic germinal center (GC) B cells (Fas+‘PNA-receptor’) vis-à-vis BxN controls, reflecting activation and expansion of the anti-GPI specificities (Figure 2A, top). This augmentation did not occur under GF conditions (Figure 2A, bottom). Perhaps not surprisingly, then, GF K/BxN mice had a reduced complement of CXCR5+PD1+ T follicular helper (Tfh) cells, which reside primarily in GCs (Figure 2B). The spleens of GF K/BxN mice also had a smaller fraction of anti-GPI ASCs, as measured by an ELISPOT assay (Figure 2C). These deficiencies can explain the reduced titer of serum GPI autoAbs in GF K/BxN mice.

Given the established T cell dependence of the GPI autoAb response (Kouskoff et al., 1996; Korganow et al., 1999), we also compared the T cell compartments of K/BxN mice kept under the two husbandry conditions. There were only minor changes in the representation of thymic or splenic CD4+ or CD8+ T cells in GF animals, the biggest difference being a 20%-50% reduction in the splenic CD4+ T cell compartment compared with that of SPF mice (Figures S2D and S2E), and the activation state of peripheral cells was similar under the two housing conditions (e.g., Figure 2D). Also, there was no evident change in either the fraction of CD4+ Foxp3+ T regulatory (Treg) cells or in their in vitro suppressive activity (Figures S2F and S2G). However, splenocytes from GF K/BxN mice responded less well than those from SPF K/BxN animals when challenged in vitro with the relevant GPI peptide at all doses tested (Figure 2E). Thus, given the particular B and T cell defects observed, the T helper capabilities of GF K/BxN mice appear to be somehow compromised.

GF K/BxN Mice Have a Dearth of Splenic IL-17-Producing T Cells

To permit a broad, unbiased comparison of Th cells from mice under the two conditions, we performed microarray-based gene-expression profiling on CD4+ T cells purified from spleens of SPF and GF BxN and K/BxN animals. A FoldChange/FoldChange (FC/FC) plot revealed upregulation of a large number of transcripts in the K/BxN (versus BxN) T cells; the off-diagonal disposition of the major cloud of dots indicated that induction was muted in GF (versus SPF) mice (Figure 3A). Another instructive manner to compare gene expression in SPF and GF mice is the “volcano plots” depicted in Figure 3B, which display for each gene the SPF versus GF FC on the x axis and the p value of this FC on the y axis. Superimposing previously determined Th cell signatures (Nurieva et al., 2008) onto the plots showed there to be minimal changes in GF CD4+ T cells in transcripts typical of Th2 cells, i.e., no bias to either side of the midline. However, as indicated by their skewed disposition away from the right, the Th1 and Th17 cell signatures were both diminished in GF CD4+ T cells. We did not further pursue the defect in the Th1 cell subset in this study because crossing a null mutation of the gene encoding interferon-γ (IFN-γ), the major Th1 cell cytokine, into the K/BxN model had no impact on the arthritis parameters examined, including ankle thickening, clinical score, and histopathology (Figure S3 and data not shown).

The transcript profiling pointed to a defect in GF K/BxN Th17 cells that encompassed several of this subset’s hallmark proteins: e.g., reductions in RORγt (1/1.8), IL-17A (1/1.3), IL-21 (1/1.3), IL-22 (1/3.2), and CCR6 (1/1.3). The dearth of IL-17A was confirmed by both PCR quantification of splenic CD4+ T cell transcripts (Figure 3C) and cytofluorimetric evaluation of IL-17 amounts in this population restimulated ex vivo (Figure 3D). According to both assays, IL17a gene expression was strongly induced in SPF K/BxN vis-à-vis BxN mice, but this induction was minimal under GF conditions.

To assess the disease relevance of a defect in the Th17 cell compartment of K/BxN mice, we performed neutralization experiments via an IL-17 monoclonal Ab (mAb). Treatment of 25-day-old SPF-housed K/BxN mice, just at arthritis onset, with anti-IL-17 completely blocked disease progression, which was reflected in low serum GPI autoAb titers (Figure 4A). In addition, when GF mice were transferred to the SPF facility, they did not succumb to arthritis if anti-IL-17 mAb was administered from the time of transfer (Figure 4B).
Because IL-17 has generally been thought of as a proinflammatory cytokine, its effect on anti-GPI titers may appear surprising on first consideration. However, Hsu et al. recently reported a direct impact of IL-17 on GC formation in the BXD2 mouse strain (Hsu et al., 2008). Indeed, anti-IL-17 blocking studies demonstrated this cytokine to be required for efficient GC formation in the K/BxN model (Figure 4C). In addition, transfer experiments showed that IL-17’s promotion of GCs was a direct effect on B cells. \(1 \times 10^7\) B cells not expressing or expressing IL-17R were purified from spleens of IL-17R-deficient or IL-17R-sufficient B6.H-2g7 (B6g7) littermates; each population was combined with an equal number of splenocytes from arthritic K/BxN mice; each mix was transferred into lightly irradiated (450R) BxN. RAG1\(^{-/-}\) recipients; and the recipients’ splenocytes were analyzed 2 weeks later by flow cytometry. B cells lacking IL-17R could repopulate the spleen (Figure 4D, top) but showed a substantially diminished capacity to partake in GCs (Figure 4D, bottom). Thus, a paucity of splenic Th17 cells was a critical factor in the diminished arthritis of K/BxN mice; IL-17 promoted GPI autoAb production, enhancing GC formation via a direct effect on B cells.

**Linking Arthritis to Gut Commensals**

How can commensal microbes impact on the production of IL-17 by splenic T cells? Microbial colonization of the gut promotes Th17 cell differentiation in the small-intestinal lamina propria (SI-LP), the major site of this subset’s differentiation (Ivanov et al., 2008; Atarashi et al., 2008). Indeed, Th17 cells were essentially absent from that site in GF K/BxN animals (Figure 5A). (In contrast, IL-17-expressing SI-LP CCR6\(^+\) γδ T cells were not reduced in K/BxN GF mice—data not shown.) Several experiments were performed to explore a potential link between SI-LP and splenic Th17 cells. First, we compared their appearance through ontogeny: SI-LP Th17 cells arise abruptly between day 16 and day 25 after birth, around the time of weaning (Ivanov et al., 2008), which is just before the window of arthritis development previously reported for the K/BxN model, i.e., days 25–31 (Kouskoff et al., 1996). A direct temporal comparison of the relevant parameters in SPF K/BxN mice revealed that SI-LP Th17 cells appeared in substantial numbers between 2 and 3 weeks of age (Figure 5B), followed closely by splenic Th17 cells between 3 and 4 weeks (Figure 5B). Second, we looked...
The Gut Microbe SFB Can Trigger Arthritis

...for the gut homing receptor, α4β7, on splenic Th17 cells. Supporting an intestinal origin, 30%–50% of splenic Th17 cells from 5-week-old K/BxN, but not BxN, mice expressed this receptor, imprinted by intestinal-mucosa-associated DCs (Figure 5C; Sigmundsdottir and Butcher, 2008). Last, we compared the sensitivities of the SI-LP and splenic Th17 cell compartments and of arthritis development to antibiotic treatments. The differentiation of SI-LP Th17 cells in B6 mice is blocked by ampicillin and vancomycin but not by metronidazole and neomycin, the latter two targeting anaerobes and Gram-negative bacteria, respectively, i.e., >90% of gut microbiota (Ivanov et al., 2008). This pattern of sensitivity was also true of SI-LP and splenic Th17 cells in K/BxN mice (Figures 6A and 6B), including those splenic Th17 cells that expressed α4β7 (e.g., Figure 6C). Most important, treatment of K/BxN mice from birth with vancomycin or ampicillin, but not metronidazole or neomycin, strongly inhibited the development of arthritis (Figure 6D). Interestingly, disease was actually exacerbated in the neomycin-treated animals, suggesting an additional negative influence of Gram-negative gut bacteria.

Monocolonization with SFB Triggers Arthritis in GF K/BxN Mice

It was recently reported that a single bacterial species that is a component of normal gut microbiota, SFB was sufficient to induce the development of SI-LP Th17 cells in mice taken from an SPF facility at the Jackson Laboratory, wherein they typically show a dearth of both this bacterium and Th17 cells (Ivanov et al., 2009). This result drew our attention because we had noted lower GPI autoAb titers and attenuated arthritis development when first introducing the K/BxN model into Jackson, vis-à-vis our SPF colonies in Strasbourg and Boston (data not shown). Therefore, we tested whether SFB might be arthritogenic by introducing it, via oral gavage of fecal material from SFB-monocolonized mice (versus feces from control mice), into GF K/BxN mice colonized mice (versus feces from control mice), into GF K/BxN mice (versus feces from control mice), and were analyzed by flow cytometry. Values represent percentages of IL-17+CCR6+ cells in CD3+CD4+B220-CD3+CD4+B220+ cells. Data are representative of two independent experiments.
of B cells were identified by expression of the congenic marker: CD45.1+CD45.2+ for K/BxN B cells and CD45.2 for Il17ra B cells and 820 Immunity material at 6 days after gavage indicated that at this early time point only those mice administered SFB-containing feces were colonized with SFB (Figure 7C). Flow cytometry of SI-LP and spleen cells at 33 days of age confirmed the association between SFB colonization, the appearance of Th17 cells in SI-LP, their migration to the spleen (Figures 7D and 7E), and the triggering of arthritis (Figure 7B). As anticipated, introduction of SFB led to an elevation of GPl autoAb titers to amounts that are known to induce arthritis (Figure 7F; cf. Figure 1B). Thus, a single bacterial species, SFB, is capable of triggering arthritis development in K/BxN mice through promotion of Th17 cell populations in the SI-LP and spleen, leading to high titers of circulating GPl autoAbs, the critical disease driver in this model.

DISCUSSION

Recent studies have highlighted a critical role for gut microbiota (Niess et al., 2008; Atarashi et al., 2008; Ivanov et al., 2008), in particular SFB (Salzman et al., 2010; Gaboriau-Routhiau et al., 2009; Ivanov et al., 2009), in the differentiation of Th17 cells in the intestinal LP. The data presented herein establish the relevance of these observations for the initiation of autoimmune disease—in particular, a nongut autoimmune disorder.

SFB are Gram positive, spore-forming obligate anaerobes that have not yet been successfully cultured in vitro (Klaasen et al., 1992). Most closely related to Clostridia, and provisionally designated Candidatus arthromitus (Snel et al., 1995), they are long and filamentous, comprised of multiple segments with distinct septa (Klaasen et al., 1992). SFB-like bacteria have been detected morphologically in the ileum of all vertebrate species studied to date, including Homo sapiens (Klaasen et al., 1993a). They colonize the gut of mice at weaning (Garland et al., 1982), when they adhere tightly to epithelial cells of the ileum (Klaasen et al., 1992). SFB have been known for some time to interact with the immune system, promoting the development of robust LP lymphocyte populations, the secretion of IgA, IgM, and IgG autoAbs, the critical disease driver in this model.
and the recruitment of intraepithelial lymphocytes (Klaasen et al., 1993b; Talham et al., 1999; Umesaki et al., 1995). Not surprisingly, then, this bacterial species has been reported to impact on intestinal immune responsiveness (Stepan kova et al., 2007; Ivanov et al., 2009).

How does SFB promote the development of joint inflammation in K/BxN mice? K/BxN arthritis relies strongly on IL-17, and the appearance of IL-17-producing Th cells in both the intestinal LP and spleen depends critically on gut microbes, in particular SFB (shown here; Atarashi et al., 2008; Ivanov et al., 2008, 2009; Salzman et al., 2010; Gaboriau-Routhiau et al., 2009; Niess et al., 2008). We do not rule out the possibility that other commensals can promote, or can synergize with, SFB in promoting arthritis in this model, but other species, including members of the SFB-related Clostridiaceae family, were not able to induce the accumulation of SI-LP Th17 cells in a previous set of studies (Ivanov et al., 2009).

An early step in K/BxN disease induction is likely to be activation of APCs residing in the intestinal LP, as indicated by the fact that gut microbes can have an indirect adjuvant effect in pathogen infections (e.g., Benson et al., 2009). It was recently shown that ATP produced by gut bacteria drives a unique population of CD70CD11c colonic LP APCs to produce IL-6, IL-23, and other factors that favor the differentiation of the Th17 cell subset, and that ex vivo coculture of these APCs with naive CD4+ T lymphocytes induces the appearance of Th17 cells (Atarashi et al., 2008). However, SFB does not appear to operate via ATP in the SI-LP, instead upregulating the production of acute-phase isoforms of SAA in the ileum, which can act on DCs from the SI-LP to induce cocultured naive CD4+ T cells to differentiate into Th17 cells (Ivanov et al., 2009).

The activation of APCs in the SI-LP should be sufficient to drive an anti-GPI Th17 cell response in the vicinity and, indeed, 6- to 8-week-old SPF K/BxN mice showed a near doubling of SI-LP Th17 cells compared with SPF BxN animals (data not shown). Given that GPI is expressed in all cell types and circulates in low amounts in the blood and that this is a TCR-transgenic system with a high frequency of self-reactive T cells, there is no need to invoke more complicated scenarios entailing molecular mimicry (Harkiolaki et al., 2009) in this context, i.e., the initial activation of GPI-reactive T cells does not depend on cross-reactivity to a gut-microbe antigen.

Once generated, GPI-reactive SI-LP Th17 cells are competent to exit the gut and recirculate (Sigmundsdottir and Butcher, 2008). Gut APCs, in particular the CD103+ subset of intestinal LP DCs, produce elevated amounts of retinoic acid, which induces associated T cells to express the gut-homing receptor, the α4β7 integrin. These “gut-imprinted” T cells recirculate

Figure 5. Linking Gut and Spleen IL-17 Cells

(A) SI-LP lymphocytes were isolated from SPF or GF K/BxN mice. Cells were stained, analyzed by flow cytometry, and gated as indicated. Expression of IL-17 versus CCR6 is plotted. The values indicate percentages of IL-17+CCR6+ cells in CD3+CD4+B220- cells. Data are representative of three independent experiments.

(B) SI-LP lymphocytes (top) and splenocytes (middle) were isolated from SPF mice of the indicated ages, stained, and analyzed by flow cytometry, gated as indicated. Plots displayed IL-17 versus CCR6 expression. Values indicate percent of IL-17+CCR6+ cells in total CD4+ T cells (CD3+CD4+B220-). Data are representative of two independent experiments. Bottom: Measurement of ankle thickening for the same mice. Each circle represents one animal from two independent experiments.

(C) Splenocytes from SPF BxN or K/BxN mice were stained and analyzed by flow cytometry, gated as indicated. Plots depict IL-17 versus α4β7 staining. Values indicate percent of IL-17+α4β7+ or IL-17+α4β7- cells in total CD4+ T cells (CD3+CD4+B220-). Data are representative of two independent experiments.
through the intestinal lymphatics, enter the bloodstream, and preferentially home back to the LP. In the K/BxN system, a population of α4β7-expressing Th17 cells was retained in the spleen, where they are positioned to provide help for the characteristically massive GPI autoAb response. The alternative explanation (that CD103+ DCs migrate from the gut to the spleen and induce α4β7+ Th17 cells) is less likely, given reports that gut DCs generally do not migrate beyond the mesenteric lymph nodes (Macpherson and Uhr, 2004; Voedisch et al., 2009). The IL-17 produced by Th17 cells was required for effective GC formation in K/BxN spleens, which was a direct effect of this cytokine on B cells. Although IL-17 is not generally thought of as a "helper" cytokine for B cells, our data are reminiscent of findings on the BXD2 model that argued that this cytokine can act on B cells by suppressing their chemotactic response to CXCL12 (Hsu et al., 2008).

The generation of high titers of GPI autoAbs is a pivotal event in the K/BxN model (Korganow et al., 1999). They combine with circulating GPI to form immune complexes, which are deposited along the noncellular joint surface where the cartilage meets the articular cavity (Matsumoto et al., 2002). Because of the dearth of inhibitors at this site, the alternative pathway of complement is activated, leading to the recruitment and activation of inflammatory leukocytes. As has been discussed at length (Matsumoto et al., 2002; Binstadt et al., 2006), the joint specificity of the autoinflammation in the K/BxN model does not result from joint-specific T or B cell responses, but rather from particularities of joint structure and physiology. Indeed, it is difficult to find any anti-GPI T and B cells in the joint itself (Kouskoff et al., 1996). Although the low titer of anti-GPI in the absence of SFB suffices in and of itself to explain the dampening of arthritis observed in GF-housed mice (Matsumoto et al., 1999), it remains possible that commensal microbes also impact on downstream disease processes. Indeed, a positive influence of Th17 cells on the K/BxN serum-transfer system was recently described (Jacobs et al., 2009).
The influence of microbial commensals on arthritis development in other mouse models has been variable, covering the range from inhibition to little effect to augmentation (Björk et al., 1994; Chervonsky, 2010). However, the significance of these studies is difficult to assess because, in general, they relied on the administration of bacteria or bacterial products (often Complete Freund’s Adjuvant) for the induction of disease. Our findings are conceptually different from the observation that fungal infection, probably through the lungs and/or skin of conventionally (compared with SPF-) housed mice, augments arthritis development in the skg model (Yoshitomi et al., 2005).

Because of the relatively high rate of discordance of human rheumatoid arthritis (RA) in monozygotic twins, the role of microbes in this disorder has been of great interest, although the conclusions have often been contentious (Edwards, 2008). Most of the attention has been devoted to disease correlations with infectious microorganisms, resulting in claims of association with a number of them, including Mycobacterium tuberculosis, Proteus mirabilis, Escherichia coli, Epstein-Barr virus, retroviruses, etc. However, none of the associations has emerged as dominating, and mechanistic insights are lacking. Only of late has some of the focus shifted to the potential influence of microbial commensals. Vahtovuo et al. reported differences in the intestinal microbiota of patients with early (<6 month duration) RA vis-à-vis controls with fibromyalgia, as assessed from the 16S rRNA composition of fecal samples (Vahtovuo et al., 2008), but it is difficult to distinguish cause from effect in such a study. Clearly, this is an area that merits further exploration, which will probably need to partner with studies on animal models to establish causality, permit mechanistic dissection, and allow preclinical evaluation of suggested therapeutic strategies. Indeed, antibiotics such as sulfasalazine and minocycline have been known for some time to have beneficial effects on RA progression, but underlying mechanisms remain the subject of substantial controversy (Stone et al., 2003).

More generally, commensal microbes can have a variable influence on different spontaneously developing autoimmune diseases (Chervonsky, 2010). For example, introduction of Aire−/− mice into a GF facility had no significant impact on the severity or scope of the multiorgan autoinflammation that appears under SPF conditions (Gray et al., 2007). And it is well known that the penetrance of type-1 diabetes in the NOD mouse strain increases with cleaner housing conditions, rising to 100% in GF facilities (Pozzilli et al., 1993). It is tempting to speculate that these divergent effects might, at least in part, reflect the various diseases’ differential dependence on particular Th subsets. In this regard, it may be relevant that for neither of these

**Figure 7. Triggering of Arthritis in SFB-Colonized GF K/BxN Mice**

(A) Experimental scheme. Mice were shipped from the GF Tacornic facility to the SPF NYU facility on day 21 after birth and arrived the next day. After a 3-day rest, they were gavaged with SFB mono-feces or control GF feces (the rare animal with already swollen ankles was not used). Ankle thickness was measured every day from day 27 to day 33.

(B) Measurement of ankle thickness beginning on day 27, n = 9 for SFB-treated and n = 5 for controls from four independent experiments. Asterisks indicate statistical significance via the Student’s t test, *p < 0.05.

(C) Quantitative PCR analysis of SFB and total bacterial (EUB) 16S rRNA genes in mouse feces. GF K/BxN mice were gavaged either with their own feces (C) or with feces from SFB mono-colonized mice (SFB). Genomic DNA was isolated from fecal pellets on day 6 after gavage. Data combined from two separate experiments.

(D) SI-LP lymphocytes were isolated from control or SFB-inoculated K/BxN mice. Cells were stained and analyzed by flow cytometry. Expression of IL-17 versus IFN-γ is plotted. Values refer to percent of the gated population in total CD4+ TCRγδ cells.

(E) Splenocytes were isolated from control or SFB-inoculated K/BxN mice and were stained and analyzed by flow cytometry, gated as indicated. Plots depict IL-17 versus α4β7 staining. Values indicate percent of IL-17+α4β7+ or IL-17+α4β7− cells in total CD4+ T cells (B220−CD3+CD4+). Data are representative of two independent experiments.

(F) Sera were collected from control or SFB-inoculated K/BxN animals at the end of the experiment depicted in (A). The bar indicates the mean. Asterisks indicate statistical significance via the Student’s t test, *p < 0.05.
diseases has there emerged definitive evidence of a critical role for Th17 cells (Devoss et al., 2008; Martin-Orozco et al., 2009; Bending et al., 2009; Emamuelle et al., 2009).

**EXPERIMENTAL PROCEDURES**

**Mice**

K/BxN mice were generated by crossing KRN TCR transgenic mice on the B6 background (KRN/B6) (Kouskoff et al., 1996) with NOD mice in an SPF facility at the Harvard School of Public Health. Pups from KRN/B6 and NOD-background lines were reared by cesarean section into the GF facility at Taconic Farms (Hudson, NY). Individuals from the two lines were crossed to generate K/BxN experimental animals. All GF mice were given sterilized food (Nih 31M) and water and were tested weekly to establish that they were free of aerobic and anaerobic bacteria, parasites, and fungi. Sentinel mice were also tested routinely and found to be negative for viral serologies. A complete list of excluded organisms is available on request. Mice were shipped in GF containers by Taconic to Boston or New York for measuring arthritis and obtaining experimental organs for analysis. Rag1−/− mice on the B6xNOD background (BxN Rag1−/−) were obtained from our colony at the Jackson Laboratory. Il17ra−/− mice (Ye et al., 2001) were obtained from Amgen Washington and were bred with B6g7 mice at our animal facility at the Harvard School of Public Health. Ifng-deficient mice on the B6 genetic background were purchased from the Jackson Laboratory (Dalton et al., 1993), and appropriate crosses were performed to yield K/BxN mice homozygous or heterozygous for the Ifng null mutation.

IL-17 was neutralized by treatment with a mAb recognizing it (MAb421, R&D Systems). Control Abs were purified polyclonal rat IgG (Jackson Immunoresearch). For antibiotic treatment, 1 g/L of ampicillin sodium salt (Sigma), 1 g/L of metronidazole (Acros Organics), 0.5 g/L vancomycin hydrochloride (Acros Organics), and 1 g/L of neomycin (Fisher BioReagents) were used as previously described (Atarashi et al., 2008). Antibiotics were added to the drinking water on a weekly basis. Sweetener (Equal) was added to the water (2.5 g/L). For the treatment of neonates, antibiotic-supplemented water was provided to lactating mothers. Ankle thickness was measured with a caliper (J15 Blet micrometer) as described previously (Wu et al., 2007). Mice were maintained at the Harvard Medical School facility unless otherwise mentioned. All experiments were done with protocols approved by Harvard Medical School’s Institutional Animal Care and Use Committee.

**ELISAs**

Anti-GPI Ab titers were measured as described (Matsumoto et al., 1999). In brief, ELISA plates were coated with recombinant mouse GPI at 5 mg/ml, and diluted mouse sera was added. Subsequently, alkaline phosphatase-conjugated anti-mouse total IgG was applied, and the plates were incubated overnight at 4°C. After washing, alkaline phosphatase-conjugated anti-mouse total IgG was applied, and the plates were incubated for 2 hr at 37°C. Plates were then washed, and 1 step NBT/BCIP substrate (Pierce) was added. Spots were developed during 5 min of incubation at room temperature. The plates were rinsed with water, dried overnight in the dark, and analyzed with the CTL-immunoSpot UV Analyzer.

**ELISPOT Assay**

ELISPOT assays were performed with Multiscreen IP Plates (Millipore). The plates were prewet with 15 μl of 35% ethanol (v/v) in Milli-Q water) for 1 min, rinsed with 150 μl sterile phosphate-buffered saline (PBS) three times, coated with 100 μl (10 μg/ml) recombinant GPI (Matsumoto et al., 2002) in sterile PBS, and incubated overnight at 4°C. The next day, plates were washed with Milli-Q water and blocked with 150 μl per well of tissue-culture medium (RPMI-1640, 10% fetal bovine serum, 1% nonessential amino acids, penicillin, streptomycin, glutamine) for 2 hr at 37°C. B cells from BxN or K/BxN mice were positively isolated with directly conjugated MACS beads (Miltenyi Biotec) according to the manufacturer’s instructions. Cells were resuspended at 2.5 × 10^6 cells/ml in medium, and 100 μl of cell suspension was added into the wells. Cells were serially diluted and incubated for 6 hr at 37°C. After washing, alkaline phosphatase-conjugated anti-mouse total IgG was applied, and the plates were incubated for 2 hr at 37°C. Plates were then washed, and 1 step NBT/BCIP substrate (Pierce) was added. Spots were developed during 5 min of incubation at room temperature. The plates were rinsed with water, dried overnight in the dark, and analyzed with the CTL-immunoSpot UV Analyzer.

**T Cell Proliferation and T Cell Suppression Assays**

For T cell proliferation assays, total splenocytes (2 × 10^8) in tissue-culture medium were added to 96-well plates. GPI peptide (GPI282-294) was added to the culture at various concentrations as indicated in the relevant figure. After 2 days of culture, 1 μCi of [3H]-thymidine was added to each well, the plates were incubated overnight, and the cells were harvested and the radioactivity determined by a beta counter. For T cell suppression assays, responder T cells (CD4/CD25+) were sorted from spleens of SPF K/BxN mice and Treg cells (CD4/CD25+) were sorted from spleens of either GF or SPF K/BxN mice. Responder T cells were stimulated with anti-CD3/CD28 beads (Dynabeads, Invitrogen) and cultured in complete medium at a density of 2.5 × 10^5–5.0 × 10^6 cells/well, either alone or with various concentrations of Treg cells for 3 days. [3H]-thymidine incorporation was examined as described above.

**Gene-Expression Analyses**

RNA was prepared as described (Hill et al., 2008). For microarray analysis, RNA was labeled and hybridized to GeneChip Mouse Genome 430 2.0 arrays according to the Affymetrix protocols. GF or SPF splenic CD3/CD4+ T cells from BxN or K/BxN mice were isolated using MoFlo sorting (DakoCytomation). Data were analyzed with Multiplot software. The Th1, Th2, and Th17 cell signatures were derived from the data of Dong and collaborators (Nurieva et al., 2008), each signature generated with 2 as an arbitrary FC cut-off over the expression value of the other two cell types. RNA was isolated from splenocytes via Trizol (6756) and was reverse transcribed with oligo dT priming and Superscript polymerase (Invitrogen). Quantitative RT-PCR was performed on an Mx3000p instrument (Stratagene), with gene-specific fluorogenic assays (TaQMan, Applied Biosystems). Forward primers (FPs) and reverse primers (RPs) were from MWG Biotech, and probes for IL-4 and IFN-γ were ordered from Applied Biosystems. IL-4 (FP, 5′CTCTCAAGCACAAGAAAGAACG; RP, CAAACGATGGAAGCTCCCTCATG) probe, TGTAGGGCTTCCAAGGTGCTTCGCATATT), IFN-γ (FP, CAGCAACAGCAAGGGCAGAA; RP, CGAATGCTGGGAGGAGGAC; probe, TCAAACTTGGCAATCCTGATGACTCCT). For IL-17A, a 1 μl final reaction mix containing TaqMan Universal PCR Master Mix (Applied Biosystems) and 17A TaqMan Gene Expression Assays (Mm00439619_m1) was used. Cytokine transcripts in spleens were quantified by RT-PCR with hypoxanthine guanine phosphoribosyl transferase mRNA as an internal standard.

**Cell Transfers**

B cells were positively purified on B220-conjugated MACS beads from B6g7/J17a−/− mice or WT B6g7 littermate controls. B cells (1 × 10^7) from either WT or J17a−/− mice were combined with splenocytes (1.2 × 10^7) from arthritic K/BxN mice and were transferred into lightly irradiated (450R) BxN.Rag1−/− recipients. Recipient mouse splenocytes were isolated after 2 weeks for flow cytometric analyses of B cell reconstitution.

**SI-LP Cell Isolation and Analysis**

SI-LP were isolated as described, with some modification (Ivanov et al., 2008). In brief, the SI was taken, residual mesenteric fat tissue was excised, and the mesenteric lymph nodes were isolated. The SI was then cut in small pieces, put in RPMI with 1% nonessential amino acids, penicillin, streptomycin, and glutamine, and incubated for 4 hr at 37°C. Intracellular cytokine staining was performed with Cytofix/Cytoperm (BD Pharmingen) per the manufacturer’s instructions. Abs recognizing IL-17 and IFN-γ were obtained from Biologend and BD Pharmingen, respectively. Foxp3 staining, Foxp3 Staining Buffer Set was obtained from ebioscience, and intracellular staining was performed according to the manufacturer’s instructions. Cells were run on an LSRII (BD Biosciences), and analysis was performed with FloJo (TreeStar) software.

were washed in PBS, cut into 1 mm² pieces with scissors, and placed in a 100 ml digestion solution containing 1 mg/ml each of Collagenase D (Roche) and 0.15 mg/ml DNase I (Sigma), and 200 ng/ml liberase Cl (Roche). Digestion was performed by incubating the pieces at 37 °C for 20 min with rotation. After the initial 20 min, the solution was vortexed intensely and passed through a 100 μm cell strainer. The supernatants were passed through a 40 μm cell strainer and the cells were resuspended in 10% DMEM medium for stimulation.

**Microbiota Reconstitution**

For inoculation of GF mice with SFB, fecal pellets were collected from SFB-monocolonized mice with sterilized test tubes in the vinyl-isolator and were preserved frozen under dry ice until immediately before oral administration. Colonizations were performed by oral gavage with 300–400 μl of suspension obtained by homogenizing the fecal pellets in water. Control mice were gavaged with homogenates prepared from their own feces. Mice were maintained in the Skirball Institute Animal Facility. All experiments were done in accordance with a protocol approved by the Institutional Animal Care and Use Committee of the New York University School of Medicine.

**16S rRNA Gene Quantitative PCR Analysis**

Bacterial genomic DNA was extracted from fresh or frozen fecal samples (within an experiment the samples were treated identically) by phenol-chloroform extraction as previously described (Ivanov et al., 2009).

**Statistical Analysis**

Asterisks indicate statistical differences. Differences were considered significant at p < 0.05 by the Student’s t test (two-tailed, unpaired). Where indicated, p values from chi-square (χ²) tests were used instead. The area under the curve (AUC) was calculated for each animal in an experimental set followed by a Student’s t test between groups (Prism 5; Graph-Pad Software, San Diego, CA).

**ACCESSION NUMBERS**

The microarray data are available in the Gene Expression Omnibus (GEO) database (http://www.ncbi.nlm.nih.gov/geo/) under the accession number GSE22140.

**SUPPLEMENTAL INFORMATION**

Supplemental Information includes three figures and can be found with this article online at doi:10.1016/j.immuni.2010.06.001.

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Figure S1. 8-wk-old GF K/BxN mice were shipped to the Boston SPF facility and their sera collected. Titers of anti-GPI autoAbs of the isotypes indicated were measured by ELISA. Closed triangles: values for individual SPF-housed K/BxN mice. Open circles: values for individual GF-housed K/BxN mice.
Figure S2. Effect of GF environment on K/BxN lymphocyte compartments. Splenocytes (A-C) or thymocytes (D-F) of GF or SPF BxN or K/BxN mice were isolated, stained with mAbs recognizing the indicated markers, and analyzed by flow cytometry. Pregated as delineated. Values indicate the % of cells in the indicated gate in whole spleen (A,B,C,E,F) or thymus (D). In panel B: mature B cells = IgD^{hi}IgM^{lo}, transitional type 1 (T1) B cells = IgD^{lo}IgM^{hi}, transitional type 2 (T2) B cells = IgD^{hi}IgM^{hi}. For panel C, follicular B cells = CD21^{lo}CD23^{+} and marginal zone B cells = CD21^{hi}CD23^{lo}. (G) Responder T cells from SPF K/BxN mice were cultured alone or in the presence of GF or SPF Tregs at various ratio (shown as responder:Treg). Each symbol represents the percent of proliferation, which was calculated by dividing the cpm values of co-cultured cells (responder + suppressor) by the cpm values of responder cells cultured alone (Stim.). Data combined from two independent experiments.
Figure S3. Ankle thickening was measured on SPF-housed K/BxN mice carrying the *Ifng*-null mutation in homozygous or heterozygous state, bi-weekly from weaning to 8 wks of age.