PPARγ in the endothelium regulates metabolic responses to high-fat diet in mice

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Introduction

The endothelium is now recognized as a biologically active dynamic organ involved in both physiologic and pathologic processes. For example, by virtue of their location, ECs facilitate metabolic exchange between the circulation and tissues (1). In obesity and its associated conditions of insulin resistance and diabetes, endothelial dysfunction is a common feature that may even precede the onset of frank diabetes (2, 3). In this context, endothelial dysfunction has been previously understood primarily in the context of abnormal vasomotor function. Specific mechanisms through which the endothelium itself may directly modulate obesity, lipid metabolism, or insulin sensitivity, have remained largely obscure.

The nuclear receptor PPARγ is a ligand-activated transcription factor involved in the control of energy balance. In addition to its role in adipocyte biology and adipogenesis (4, 5), PPARγ is also important in lipid metabolism, regulating genes that take part in the release, transport, and storage of fatty acids (FAs), including lipoprotein lipase (LPL) and the FA transporter CD36 (reviewed in ref. 6). PPARγ-activating thiazolidinediones (TZDs), in use as antidiabetic agents, improve insulin sensitivity through their transcriptional effects. The effects of pharmacological PPARγ activation have been attributed, at least in part, to decreased FFA levels and increased lipid storage in adipose tissue, in which it is most highly expressed, thus reducing lipotoxicity in muscle and liver.

We and others have demonstrated that PPARγ is also expressed in ECs, in which it regulates targets relevant to inflammation and atherosclerosis (refs. 7–9; reviewed in ref. 10). A specific role for endothelial PPARγ as a determinant of metabolic function has not been previously described.

Given the common and early presence of endothelial dysfunction in dyslipidemia, obesity, and diabetes and PPARγ as a regulator of energy balance expressed in the endothelium, we hypothesized that endothelial PPARγ might be involved in directing metabolic phenotype. To test this, we studied mice deficient in endothelial PPARγ, using floxed PPARγ mice and a Cre transgene under control by the endothelial/hematopoietic specific Tie2 promoter (11). We investigated these mice under conditions of standard chow and high-fat diet, both with and without treatment with the PPARγ agonist rosiglitazone as well as before and after BM transplantation (BMT) to reconstitute hematopoietic PPARγ expression and isolate endothelial PPARγ-dependent responses. These studies reveal that mice specifically deficient in endothelial PPARγ manifest a distinct pattern of decreased adiposity, increased insulin action, worsened dyslipidemia, and impaired arterial vaso-dilation in response to high-fat diet challenges as compared with control mice. Moreover, these mice fail to exhibit known metabolic improvements in response to a PPARγ agonist. These data establish PPARγ in the endothelium as a previously unrecognized determinant of metabolic status and a potential contributor to metabolic abnormalities found in insulin resistance and diabetes.

Nonstandard abbreviations used: aP2, adipocyte protein 2; BMT, BM transplantation/BM-transplanted; CM, chylomicron; CRBBP-III, cellular retinol-binding protein III; FA, fatty acid; GPHBP1, glycosylphosphatidylinositol-anchored HDL-binding protein 1; HL, hepatic lipase; LPL, lipoprotein lipase; TG, triglyceride; TZD, thiazolidinedione.

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Results

Crossing PPARγ-floxed mice with Tie2Cre+ transgenic mice decreases Pparg mRNA expression in EC and hematopoietic cells. The PPARγ-floxed mice crossed with Tie2Cre+ mouse (referred to throughout
as γEC/BM-KO has been previously described (11). The Tie2 promoter directs effective Cre expression, and hence PPARγ deletion, in ECs as well as BM-derived hematopoietic cells (12, 13). PPARγ deletion in γEC/BM-KO mice was highly efficient in ECs isolated from the cardiac microvasculature and splenic lymphocytes (Figure 1) (14). Of note, this model is a “knockdown” but not complete “knockout” of PPARγ in these cellular settings. Pparg mRNA levels were unchanged in adipocytes, liver, and skeletal muscle (Figure 1). These results are consistent with Southern blot analysis of tissue DNA from these mice, which reveals complete recombination in the spleen and incomplete recombination elsewhere (11).

Tie2Cre-mediated PPARγ deletion decreases white adipose tissue mass and adipocyte size after high-fat diet feeding. To assess the role of Tie2Cre-mediated PPARγ deletion in the development of obesity and obesity-associated insulin resistance, we fed either standard low-fat (13.2% calories derived from fat, Std) or high-fat (60% calories derived from fat, HFD) diets to male γEC/BM-WT and γEC/BM-KO mice. Body weight was comparable in both genotypes after either shorter (12 weeks; Figure 2A) or longer (27 weeks; Figure 2B) high-fat diet feeding. In spite of their similar body weights, inguinal and epididymal fat depots (normalized to body weights here and throughout) were significantly decreased in γEC/BM-KO mice as compared with γEC/BM-WT mice after 12 weeks of high-fat diet feeding (Figure 2C). The similar total body weights seen were likely due to significantly increased spleen and liver weights (but not kidney weight) in γEC/BM-KO versus γEC/BM-WT mice (Figure 2C). Consistent with functional changes in adipose tissues, adipocyte size was decreased 25% in epididymal fat in high-fat diet–fed γEC/BM-KO versus γEC/BM-WT mice (Figure 2, D and E).

Tie2Cre-mediated PPARγ deletion improves glucose tolerance and insulin sensitivity in high-fat diet–fed obese mice. Given these differences in fat, we next measured fasting blood glucose and insulin concentrations in 4 groups of mice: standard chow–fed (lean) γEC/BM-WT and γEC/BM-KO and high-fat diet–fed (obese) γEC/BM-WT and γEC/BM-KO mice. Lean γEC/BM-WT and γEC/BM-KO mice had no differences in fasting blood glucose or insulin concentrations (Figure 3, A and B). In contrast, high-fat diet–fed obese γEC/BM-KO mice had significantly lower concentrations of both fasting blood glucose and insulin as compared with obese γEC/BM-WT mice (Figure 3, A and B). On glucose and insulin tolerance testing, obese γEC/BM-KO mice were less hyperglycemic (Figure 3C) and more insulin sensitive (Figure 3D) as compared with obese γEC/BM-WT mice.

Figure 1
PPARγ-floxed mice crossed with Tie2Cre+ transgenic mice (γEC/BM-KO) have decreased Pparg mRNA expression in endothelial and lymphocytes (hematopoietic cells) but not adipocytes, liver, or skeletal muscle as compared with PPARγ-floxed mice crossed to Tie2Cre mice (γEC/BM-WT). Real-time quantitative PCR analysis of Pparg expression in microvascular ECs, splenic lymphocytes, adipocytes, liver, and skeletal muscle isolated from Tie2Cre-expressing (γEC/BM-KO) or nonexpressing (γEC/BM-WT) mice (n = 3–5/group). *P < 0.05, **P < 0.01 γEC/BM-KO versus γEC/BM-WT mice.

Tie2Cre-mediated PPARγ deletion alters levels of FA and triglyceride as well as muscle triglyceride accumulation in diet-induced obesity. We next explored what mechanisms might help explain the increased insulin sensitivity seen in high-fat diet–fed obese γEC/BM-KO mice. Although decreased adiposity can be associated with changes in levels of adipocytokines (15), adiponectin, leptin, retinol binding protein 4, and resistin levels did not differ significantly between γEC/BM-KO and γEC/BM-WT mice (Figure 4A). Elevated circulating FFA and triglyceride (TG) levels are common in type 2 diabetes and obesity; insulin sensitivity is even more negatively correlated with TG levels in skeletal muscle than serum FFA levels (16, 17). Obese γEC/BM-KO mice manifested increased fasting FFA and TG levels as compared with γEC/BM-WT mice (Figure 4A). However, obese γEC/BM-KO mice had less TG accumulation in skeletal muscle as compared with γEC/BM-WT mice (Figure 4B), identifying this as a likely contributor to the increased insulin sensitivity found in Tie2Cre-mediated PPARγ deletion. Indeed, high-fat diet–fed γEC/BM-KO mice demonstrated significantly increased insulin-induced AKT phosphorylation in skeletal muscle as compared with WT mice (Figure 4B). In contrast, total TG content was increased in the liver of γEC/BM-KO mice, with concomitantly decreased insulin-induced AKT phosphorylation (Figure 4C). Similarly, levels of phosphorylated c-Jun-terminal kinase (JNK), another protein involved in insulin signaling pathways, were also decreased in skeletal muscle but increased in livers from γEC/BM-KO mice (data not shown). In contrast to expression in ECs, hepatic Pparg2 and Cd36 mRNA expression levels were significantly increased in γEC/BM-KO mice (Figure 4C).

Endothelial PPARγ promotes adipose tissue growth. PPARγ activation increases adipose tissue mass, even when fed with a standard chow diet, stimulating adipocyte differentiation and TG accumulation in fat (18–20). To elucidate whether Tie2Cre-mediated PPARγ deletion alters PPARγ-mediated adipogenesis, γEC/BM-WT and γEC/BM-KO mice were treated with the PPARγ agonist rosiglitazone (15 mg/kg/d, 5 weeks) when fed with a standard chow diet. As expected (18), rosiglitazone increased inguinal, epididymal, and brown adipose tissue weight (normalized to body weight) in γEC/BM-WT mice; in contrast, rosiglitazone failed to increase epididymal fat weight in γEC/BM-KO mice (Figure 5A). Even though differences in inguinal fat weight in the presence versus absence of Tie2Cre-mediated PPARγ deletion did not reach statistical significance, inguinal adipose tissue in γEC/BM-KO mice either at baseline or after rosiglitazone treatment contained significantly smaller adipocytes,
as evident on H&E staining and size analysis (Figure 5, B and C). These results indicate that PPARγ deletion via Tie2Cre expression in ECs and BM cells alters adipocyte hypertrophy and adipose tissue expansion in response to a PPARγ agonist in vivo.

To determine whether these defects in adipocyte responses and adipogenesis resulted specifically from endothelial PPARγ, reconstitution of hematopoietic PPARγ was undertaken in γEC/BM-WT mice using BMT, before repeating rosiglitazone treatment and studies on fat. BM either expressing or lacking PPARγ was transplanted into either Tie2Cre’ (expressing endothelial PPARγ) or Tie2Cre’ (lacking endothelial PPARγ) mice to generate a full complement of mice either having or lacking PPARγ expression in BM and/or ECs: WT (γEC/BM-WT/BM-WT), BM-deficient only (γEC-BM/WT/BM-KO), EC-deficient only (γEC-WT/BM-KO), or both EC- and BM-deficient (γEC-KO/BM-KO) mice. Two months after BMT, effective engraftment and reconstitution of PPARγ expression in hematopoietic cells was confirmed by RT-PCR in isolated splenic lymphocytes from relevant mice (Figure 5D). To summarize these findings, a significant decrease in epididymal fat pads tracked exactly with decreased endothelial PPARγ expression (γEC-KO/BM-WT and γEC-KO/BM-KO mice) and independently of hematopoietic PPARγ expression. Mice with either decreased or preserved hematopoietic
PPARγ expression but intact endothelial PPARγ (γEC-WT/BM-KO and γEC-WT/BM-WT mice) had no change in epididymal fat mass (Figure 5D). These results indicate that endothelial PPARγ contributes to epididymal fat pad development.

We next studied a similar complement of endothelial and/or BM PPARγ-deficient mice after high-fat diet feeding. In the absence of endothelial PPARγ (γEC-KO/BM-WT and γEC-KO/BM-KO mice), inguinal and epididymal fat pads were significantly decreased as compared with mice with WT endothelial PPARγ and either PPARγ absent or present in the BM (γEC-WT/BM-KO and γEC-WT/BM-WT mice; Figure 6A). Likewise, adipocyte size was significantly decreased only in mice lacking endothelial PPARγ and independently of hematopoietic PPARγ expression (Figure 6A). Consistent with earlier results without BMT, liver and spleen weights were increased in γEC-KO/BM-WT and γEC-KO/BM-KO mice (Figure 6A). To more precisely identify whether endothelial PPARγ accounted for functional improvements in insulin sensitivity, insulin and glucose tolerance testing was repeated in a similar complement of BMT mice as used above, either expressing or lacking PPARγ in the endothelium or BM: WT (γEC-WT/BM-WT), BM-deficient (γEC-KO/BM-KO), and EC-deficient (γEC-KO/BM-WT) mice or mice deficient in both (γEC-KO/BM-KO). Mice lacking PPARγ in the endothelium were more insulin sensitive and more glucose tolerant, independent of PPARγ BM expression (Figure 6B).

Endothelial PPARγ deletion is associated with increased serum FFA and TG levels. The reduced adiposity, increased serum FFA and TG levels, and decreased TG accumulation in skeletal muscle in high-fat diet–fed γEC/BM-KO mice, changes that contrasted with the increase TG accumulation in the livers of these mice, suggested specific abnormalities in FA handling as a function of endothelial PPARγ. To investigate this, we measured serum FFA and TG levels in standard chow–fed γEC/BM-KO and γEC/BM-WT mice after feeding and 24 hours of fasting. In the fed state on standard chow, no significant difference in FFA or TG levels was observed in the presence or absence of Tie2Cre expression (Figure 7A). However, after 24 hours of fasting, mice with Tie2-mediated PPARγ deletion (γEC/BM-KO) manifested significantly increased FFA and TG levels (Figure 7A). The hypertriglyceridemia apparent in γEC/BM-KO mice after fasting derived mainly from elevated VLDL levels, as determined by HPLC; LDL levels were also increased, although to a lesser extent (Figure 7B). Total cholesterol and HDL-cholesterol levels were also increased in γEC/BM-KO mice (Figure 7C).

The dynamic response to handling a lipid challenge may differ from what is seen in fed or fasted state. As such, we next tested the response to olive oil gavage in these mice (21, 22). Three hours after olive oil administration, γEC/BM-KO mice had grossly lactescent serum, with increased FFA and TG levels that failed to normalize 9 hours after challenge, all in striking contrast to γEC/BM-WT controls (Figure 8A). The increase in TG levels in γEC/BM-KO mice was mainly due to increased chylomicron (CM) and VLDL levels as seen on HPLC analysis (Figure 8B).

To determine if ECs, hematopoietic cells, or both were responsible for defective TG metabolism and FA handling in γEC/BM-KO mice, we repeated olive oil gavage 8 weeks after BMT in a similar complement of groups as before (Figures 5 and 6). Defective FA uptake and TG metabolism occurred only in the absence of endothelial PPARγ; decreased hematopoietic PPARγ expression had no impact on FFA and TG parameters (Figure 8C).

To further consider if FA uptake differed as a function of endothelial PPARγ expression in these mice, we analyzed FA...
uptake in primary ECs isolated from γEC/BM-KO and γEC/BM-WT mice before stimulation with rosiglitazone, a known inducer of increased FA uptake. As expected, rosiglitazone increased FA uptake in PPARγ-expressing ECs from γEC/BM-WT mice (Figure 8D). In comparison, ECs from γEC/BM-KO mice demonstrated significantly decreased FA uptake under either basal or rosiglitazone-stimulated conditions (Figure 8D).

Since PPARγ is a transcription factor, the phenotype of endothelial PPARγ-deficient mice would be predicted to derive from changes in the expression of various endothelial gene targets, as suggested for PPARγ in other settings like adipocytes and macrophages. We found a series of known and novel PPARγ target genes involved in FA handling and LPL function to be repressed in ECs isolated from γEC/BM-KO mice. The PPARγ-regulated transmembrane protein CD36, also known as FA translocase, is a long-chain FA receptor that facilitates FA uptake. Although CD36-deficient mice exhibit increased insulin sensitivity and less adiposity despite increased plasma FFA and TG levels (23–25), much like high-fat diet-fed γEC/BM-KO mice (reviewed in ref. 23), a specific endothelial role for CD36 is not known. Both Cd36 mRNA and CD36 protein levels were decreased approximately 80% in ECs from γEC/BM-KO versus γEC/BM-WT mice (Figure 8E). Importantly, these mice manifest altered expression of other genes involved in FA/TG handling, including the canonical PPARγ-regulated adipocyte protein 2 (aP2 also known as FA-binding protein 4) as well as novel PPARγ targets glycosylphosphatidylinositol-anchored HDL-binding protein 1 (Gpsi1), a cofactor for LPL action (26, 27), and the cellular retinol-binding protein III (CRBP-III, also known as RBP7 in mice and RBP5 in humans) that is expressed in ECs and is a member of the FA-binding protein family (28–30) (Figure 8F).

Endothelial lipase expression was not altered, making it an unlikely contributor to the increased HDL-cholesterol and total cholesterol levels.
Figure 5
Tie2Cre-mediated PPARγ endothelial deletion decreases adiposity and adipocyte size in response to rosiglitazone treatment in a manner dependent on endothelial but not BM PPARγ expression. (A) Ratio of inguinal, epididymal, and brown adipose tissue weight/body weight in γEC/BM-KO and γEC/BM-WT mice after rosiglitazone (Rosi) treatment when fed with a standard chow diet (n = 5–8). *P < 0.05, **P < 0.01 versus same genotype mice. ††P < 0.01 versus γEC/BM-WT mice treated with rosiglitazone. (B) Histology of inguinal adipose tissue from γEC/BM-WT and γEC/BM-KO mice from A treated with or without rosiglitazone. Scale bar: 200 μm. (C) Adipocyte size of inguinal adipose tissue from γEC/BM-KO and γEC/BM-WT mice from A treated with or without rosiglitazone. *P < 0.05 versus γEC/BM-WT with same treatment. (D) Real-time quantitative PCR analysis of PPARγ expression in splenic lymphocytes isolated from mice after BMT (n = 4–5/group). Ratio of epididymal, inguinal, inguinal plus epididymal and brown adipose tissue weight/body weight after rosiglitazone treatment in BMT mice (n = 5–9). *P < 0.05, **P < 0.01 versus γEC-WT/BM-WT mice.
levels noted earlier (Figure 7C). Together these results suggest that endothelial PPARγ deficiency alters metabolic phenotype through specific changes in an endothelial PPARγ transcriptional cassette that coordinates FA handling and TG metabolism.

**Figure 6**
Tie2Cre-mediated PPARγ endothelial deletion decreases adiposity, adipocyte size, and insulin resistance after high-fat diet in a manner dependent on endothelial but not BM PPARγ expression. **(A)** Ratio of inguinal, epididymal, liver, and spleen weight/body weight after high-fat diet in BMT mice (n = 4–7). Histology of epididymal adipose tissue from BMT mice on high-fat diet as above. Scale bar: 200 μm. Mean adipocyte size in BMT mice on high-fat diet (n = 4–7/group). *P < 0.05, **P < 0.01 versus γEC-WT/BM-WT mice. **(B)** Glucose tolerance and insulin tolerance testing in BMT mice on high-fat diet (n = 4–7). AUC of glucose levels during glucose tolerance tests is shown. *P < 0.05 γBM-WT or γBM-KO transplanted into EC-KO mice versus γBM-WT or γBM-KO into γEC-WT mice, respectively.

Increased serum FFA levels in γEC/BM-KO mice increase VLDL production and inhibit LPL activity. Elevated serum FFAs increase TG levels in 2 ways — by increasing VLDL production (31) and by inhibiting activity of LPL, a key enzyme in TG metabolism that hydrolyzes cir-
culating CM and VLDL where it encounters them in its position on the endothelial surface (21, 22, 32). To examine the mechanism for increased CM and VLDL levels in \(\gamma\)EC/BM-KO mice, we undertook more detailed studies of TG metabolism. Triton infusion inhibits LPL activity, allowing measurement of TG levels and VLDL production (33). In response to triton, fasted \(\gamma\)EC/BM-KO mice had higher TG levels and VLDL production rates than WT controls (Figure 9A).

After olive oil gavage, serum FFA and TG levels were tightly correlated in \(\gamma\)EC/BM-KO and \(\gamma\)EC/BM-WT mice (Figure 9B, \(r = 0.85; P < 0.0001\)). These changes between \(\gamma\)EC/BM-KO and \(\gamma\)EC/BM-WT mice were not a result of changes in relative \(Lpl\) mRNA expression in adipose tissue or skeletal muscle (Figure 9C). However, post-heparin LPL activity, but not hepatic lipase (HL) activity, was decreased in mice with Tie2-mediated PPAR\(\gamma\) deletion versus controls (Figure 9D, left panel). When this assay was repeated in the presence of FA-free albumin, which binds FFAs and removes their effects, this inhibition of LPL activity in \(\gamma\)EC/BM-KO mice was no longer seen (Figure 9D, right panel). Together these results establish that the dyslipidemia in the \(\gamma\)EC/BM-KO mouse derives from increased VLDL production and decreased LPL activity in response to elevated FFA levels.

\textit{Tie2Cre-mediated PPAR\(\gamma\) deletion is associated with impaired vascular relaxation.} The decreased adiposity and insulin resistance seen in Tie2-PPAR\(\gamma\)-deficient mice on a high-fat diet raises the question of whether vascular responses in these mice would also differ given reports of PPAR\(\gamma\)-mediated vascular benefits (10, 34). Tie2-PPAR\(\gamma\)-deficient mice manifest hypertension in response to high-fat diet (11), but specific vasodilation studies have not been performed. To do so, we studied vascular reactivity in carotid arteries isolated from \(\gamma\)EC/BM-KO and \(\gamma\)EC/BM-WT mice under standard and high-fat diets. Although no difference was seen between arterial responses to carbachol after mice were fed a standard chow diet, high-fat diet–fed Tie2-deficient PPAR\(\gamma\) mice had impaired arterial relaxation as compared with control mice (Figure 11). These data indicate endothelial PPAR\(\gamma\) regulates metabolic responses in ways that are distinct from local endothelial PPAR\(\gamma\) effects on the arterial wall (Figure 11).

**Discussion**

The role of the endothelial organ in governing physiologic homeostasis and fostering disease pathogenesis is now recognized (1). In insulin resistance and diabetes, endothelial dysfunction is a common and early finding thought to be promoted by factors such as dyslipidemia, elevated FFAs, hypertension, and obesity (35). To date, endothelial dysfunction has been understood in terms of abnormal vasomotor function. Specific mechanisms linking changes in the endothelium to subsequent issues with obesity and insulin resistance have not been well described. In the present study, we demonstrate that the transcription factor PPAR\(\gamma\) plays, to our knowledge, a previously unrecognized role in the endothelium integrating FA handling, TG-rich lipoprotein metabolism,
adiposity, and insulin sensitivity as well as arterial vasoreactivity in response to high-fat diet and acute lipid challenges (Figure 12). Mice lacking endothelial PPARγ manifest increased FFA levels, decreased fat accumulation in muscle, and increased insulin sensitivity in response to high-fat diet feeding, while also demonstrating abnormal handling of an oral lipid load. The metabolic phenotype of these mice tracks specifically with endothelial PPARγ deficiency and is completely independent of the presence or absence of PPARγ in the BM. Moreover, mice deficient in endothelial PPARγ have a diminished response to the PPARγ agonist rosiglitazone, lacking

Figure 8
Endothelial PPARγ deletion increases TG and FFA levels after olive oil gavage independent of hematopoietic PPARγ expression. (A) Representative blood samples and FFA and TG concentrations in standard chow–fed γEC/BM-WT and γEC/BM-KO mice after overnight fasting, followed by olive oil gavage (n = 6-8/genotype). **P < 0.01 versus γEC/BM-WT. (B) Lipoprotein profiles 3 hours after olive oil gavage (n = 3/genotype). (C) FFA and TG concentration after olive oil feeding in mice after γBM-WT or γBM-KO BMT into EC-KO or EC-WT mice (n = 5-7/genotype). *P < 0.05, **P < 0.01 over time course versus γBM-WT into γEC-WT mice. (D) Uptake of a fluorescently labeled long-chain FA (BODIPY-dodecanoic acid) by primary microvascular ECs from γEC/BM-KO and γEC/BM-WT mice measured without or with rosiglitazone stimulation (n = 5,6/genotype). **P < 0.01 versus ECs from γEC/BM-WT without rosiglitazone. (E) Cet36 mRNA expression (real-time quantitative PCR) and protein levels in microvascular ECs (n = 3-5/genotype). One representative Western blot is shown at right. *P < 0.05, **P < 0.01 versus γEC/BM-WT mice. (F) Expression of genes in endothelial cells of γEC/BM-KO versus γEC/BM-WT mice. (n = 5,6/genotype) *P < 0.05, **P < 0.01 versus γEC/BM-WT mice.
the known decrease in FFA or TG levels or increase in adipogenesis seen with this drug in mice and humans (18, 36–38).

In terms of FA handling and TG metabolism, hydrolysis of TG-rich lipoproteins such as CM and VLDL occurs on the endothelial surface, where these lipoprotein particles encounter specific lipases like LPL. Liberated FAs are delivered into tissues with a high metabolic capacity for FA, either for storage, as in adipose tissue, or for energy combustion, as in heart and skeletal muscle (39, 40). Most attention has focused on the endothelium as a platform upon which TG-rich lipoprotein/lipase interaction occurs, with released FAs transversing the endothelium to reach tissues. Circulating FAs can also be released directly from their association with albumin (41). Although passive FA movement through membranes may occur, active transmembrane FA movement involves membrane-associated proteins such as CD36 and aP2 (42). We show here that modulation of PPARγ levels in the endothelium alone is sufficient to alter FA handling in vitro and in vivo, with systemic consequences on adiposity and insulin sensitivity (Figure 12). Just as PPARγ regulates multiple target genes in adipocytes to exert its functional effects, endothelial PPARγ appears to regulate coordinately an endothelial transcriptional cassette, involving both known and novel PPARγ-regulated target genes, including Cd36, aP2, Gpihbp1, and CRBP-III.

The altered TG and FA metabolism seen in γEC/BM-KO mice involves endothelial changes in the FA transporter CD36. Although CD36 has been extensively studied, a role for the endothelium in explaining CD36 biology in vivo has not been previously appreciated. Like γEC/BM-KO mice, CD36-deficient mice have increased insulin sensitivity and reduced adiposity despite elevated FFA levels (23–25). At the same time, important divergences exist between endothelial PPARγ-deficient and CD36-deficient mice. In the case of CD36 deficiency, FFA flux to the liver is increased, which precipitates hepatic steatosis, but without evidence for increased VLDL production (21, 22, 24). This is particularly interesting, since increased FFA levels stimulate increased VLDL production in the liver (31), as evident in hepatic CD36 overexpression (43). Mice that lack endothelial PPARγ have decreased endothelial CD36 levels elsewhere but increased hepatic CD36 expression and increased VLDL production (Figure 12). However, the changes in FA and TG handling in these mice also appear to involve other PPARγ-regulated endothelial targets. aP2 is a canonical PPARγ target gene involved in FA transport. GPIHBP1 is a recently described protein found to influence TG levels by serving as a novel cofactor for LPL (26, 27). CRBP-III (RBP7) is a retinoid-binding/lipid droplet protein, whose functional effects, including participation in FA efflux, may be driven by its EC expression patterns (28–30). Together these differences strongly support the endothelium as an organ that can influence systemic metabolic responses in a precise tissue- and organ-specific manner.

Tissues with high energy, and hence FA, requirements, like cardiac and skeletal muscle, contain nonfenestrated endothelium (40). In these organs, the ECs lining the microvascular compartment form a major transport barrier for circulating FAs. The liver contains a fenestrated endothelium, which allows intact diffusion of the FA-albumin complex into the spaces of Disse and the interstitial compartment (40). In the hepatic setting, plasma FA concentration correlates directly with FA influx (44). In mice with Tie2-mediated PPARγ deletion, lipid accumulation was reduced in skeletal muscle and adipose tissue, but not liver, with associated increases in hepatic VLDL production (Figure 12). Since PPARγ agonists increase lipid accumulation in both adipose tissue and skeletal muscle (45, 46), the lack of these responses in Tie2-mediated PPARγ-deficient mice further identifies endothelial PPARγ as an important but previously overlooked determinant of adiposity.

PPARγ activation promotes adipose tissue expansion by stimulating adipogenesis, increasing the number of small, younger adipocytes and the capacity of adipocytes to store lipids. These responses are inhibited in mice lacking endothelial PPARγ after high-fat diet feeding or rosiglitazone treatment (Figures 2, 5, and 6). In this sense, our data integrate well with the findings of Kubota and colleagues, who found that heterozygous PPARγ deficiency resulted in mice with smaller, more insulin sensitive adipocytes

Figure 9

Tie2Cre-mediated PPARγ deletion increases VLDL production rate and inhibits LPL activity. (A) TG concentrations and calculated VLDL production rate after trigon injection in fasted (24 hours) γEC/BM-WT and γEC/BM-KO mice (n = 5/genotype). *P < 0.05 versus γEC/BM-WT. 

(B) Correlation between serum FFA levels and TG levels in fasted γEC/BM-WT (white circles) and γEC/BM-KO (black circles) mice (n = 6–8/genotype) 3 hours after olive oil gavage. (C) Real-time quantitative PCR analysis of Lpl mRNA expression in white adipose tissue and skeletal muscle from γEC/BM-WT and γEC/BM-KO mice when fed with a standard chow diet. (D) Post-heparin LPL and HL activity 3 hours after olive oil feeding, in the absence (left panel) or presence (right panel) of excess FFA-free BSA (n = 6–8). *P < 0.05 γEC/BM-KO versus γEC/BM-WT mice.
and less adiposity but increased FFA influx to the liver and not to muscle (47, 48). Our data raise the possibility that changes in endothelial PPARγ target genes may have contributed to the phenotype of heterozygous PPARγ deficiency. Interestingly, spontaneously hypertensive rats that have a defective form of CD36 demonstrate decreased adipogenesis in response to rosiglitazone (49).

Endothelial PPARγ deficiency influenced adiposity in a depot-specific manner, with epididymal and inguinal subcutaneous adipose tissue expanding differently after high-fat diet feeding and rosiglitazone treatment in γEC/BM-KO versus γEC/BM-WT mice (Figures 2, 5, and 6). Interestingly, similar patterns have been reported with PPARγ agonists in human studies (36, 37, 50). TZDs strongly promote differentiation of human preadipocytes isolated from subcutaneous but not visceral fat (50) and increase the number of small adipocytes exclusively in subcutaneous fat (51). Our findings suggest the endothelium may help determine adipose depot-specific responses to PPARγ activation. These data also raise the intriguing possibility that PPARγ in the endothelium may help determine clinical TZD responses (49, 52), since known effects of rosiglitazone in various nutrient states, including post-lipid challenge, were dependent on endothelial PPARγ expression.

Endothelial PPARγ deletion also increased insulin sensitivity (Figure 3). FFA and insulin sensitivity are negatively correlated (53), with increased FA and TG accumulation in muscle considered an early step in the development of insulin resistance (17). Obese γEC/BM-KO mice have reduced TG accumulation in skeletal muscle despite their increased serum FFA and TG levels (Figure 4). Skeletal muscle in mice lacking endothelial PPARγ have increased insulin-stimulated AKT phosphorylation, which has been strongly associated with increased insulin sensitivity. In direct contrast, γEC/BM-KO mice had decreased AKT phosphorylation in the liver, consistent with their increased hepatic FA uptake and TG accumulation. Recent work suggests that TG accumulation may only be a marker for insulin resistance that derives from specific FA intermediates (54). Investigation of this issue in γEC/BM-KO mice will be of particular interest as would any change in skeletal muscle blood flow as a potential contributor to insulin sensitivity. Of note, insulin sensitivity in γEC/BM-KO mice may be offset by their chronically increased FFA levels, which can inhibit lipases and activate toll-like receptor 4, which promotes insulin resistance (55). Such factors may mitigate the net changes in glucose metabolism that occur as a function of endothelial PPARγ.

The Tie2 promoter drives expression in both ECs and BM-derived hematopoietic cells (12, 13). Our BMT data establish that mice lacking endothelial PPARγ have a persistent metabolic phenotype independent of hematopoietic PPARγ, an area of recent controversy. Rosiglitazone has been reported to promote transdifferentiation of BM-derived circulating progenitor cells into
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Inflammatory macrophages are recruited to also factor into the impact of hematopoietic PPAR deletion, FFA levels, TG-rich lipoprotein metabolism, adiposity, and insulin sensitivity in response to high-fat diet or an oral lipid challenge are altered. Prior studies in this same Tie2Cre model of PPARγ deletion have shown that high-fat diet induces hypertension (11). In that prior report and our studies here, changes through endothelial PPARγ were particularly evident in response to high-fat diet, emphasizing the importance of PPARγ in the handling of fat and FAs that are commonly encountered in Western diets. Although endothelial PPARγ-deficient mice are protected against increased adiposity and insulin resistance, they still manifest abnormal vasodilatory responses, effectively disassociating the role of endothelial PPARγ in metabolism from its local effect on the arterial wall. In so doing, a more precise and expansive systemic role for the endothelium is evident. In humans, endothelial dysfunction occurs early in the natural history of obesity and diabetes, often preceding frank hyperglycemia (2, 3). Indeed, endothelial dysfunction can be found disproportionately among young, normotensive first-degree relatives of those with diabetes (63). The evidence provided here implicating PPARγ in the endothelium in directing metabolic phenotype and therapeutic responses argues that our understanding of endothelial action may need to be extended to include concepts of metabolic endothelial function and dysfunction.

**Methods**

*Mice.* PPARγ-floxed and Tie2Cre mice, as previously described, are of mixed C57BL6/N;Sv129;FVB/N background (11). Using sibling matings (yEC/BM-KO males and yEC/BM-WT females), mice were bred for at least 12 generations before studies on male yEC/BM-KO and yEC/BM-WT mice. All mice were housed on a 12-hour light/dark cycle, with food and water ad libitum. Animal care and experimentation was approved by the Harvard Medical School Institutional Animal Care and Use Committee.

Before study, all mice were fed a standard pellet diet (13.2% calories from fat; PicoLab Rodent 20 no. 5053, Lab Diet Inc.). Obesity was induced using a high-fat diet (60% calories from fat; D12492, Research Diets Inc.) for 12–27 weeks, beginning at 6 weeks of age. Low-fat diet-fed mice received the standard pellet diet throughout life. For rosiglitazone experiments, mice were fed standard diet (AIN-76A Rodent Diet, Research Diets Inc.), with or without 130 mg rosiglitazone/kg diet (ad libitum, 5 weeks; GlaxoSmithKline). The rosiglitazone dose was determined by pilot dose ranging studies. For olive oil gavage experiments with rosiglitazone, mice were fed the AIN-76A diet, with or without 70 mg rosiglitazone/kg diet (ad libitum, 5 weeks).

*Mouse EC isolation.* Microvascular ECs were isolated from mouse hearts (at 1 month of age), using ICAM-2 and PECAM-1 antibody (BD Biosciences—Pharmingen) Dynabead selection as described before (64).

*RNA analysis.* DNase I-treated total RNA was reverse transcribed, and real-time quantitative PCR with cDNA was performed using SYBR Green I (iCycler iQ Real-Time PCR Detection System; Bio-Rad). Sense and anti-sense cDNA primers, respectively, were as follows:

- **Cd36**, 5′-GGCCAAGCTATTGCGACAT-3′, 5′-GAGCAGGGTCTTTTCAGAATAATAAG-3′,
- **Crbp-III**, 5′-GGCCAAGCTATTGCGACAT-3′, 5′-GAGCAGGGTCTTTTCAGAATAATAAG-3′,
- **Cd36, aP2, CRBP-III, Gpihbp1**.

In contrast, livers in endothelial PPARγ-deficient mice have no effect of macrophage PPARγ deletion on adiposity and insulin resistance despite Tie2-mediated PPARγ deletion, FFA levels, TG-rich lipoprotein metabolism, adiposity, and insulin sensitivity (56). In the presence of endothelial PPARγ deletion, FFA levels, TG-rich lipoprotein metabolism, adiposity, and insulin sensitivity in response to high-fat diet or an oral lipid challenge are altered. Prior studies in this same Tie2Cre model of PPARγ deletion have shown that high-fat diet induces hypertension (11). In that prior report and our studies here, changes through endothelial PPARγ were particularly evident in response to high-fat diet, emphasizing the importance of PPARγ in the handling of fat and FAs that are commonly encountered in Western diets. Although endothelial PPARγ-deficient mice are protected against increased adiposity and insulin resistance, they still manifest abnormal vasodilatory responses, effectively disassociating the role of endothelial PPARγ in metabolism from its local effect on the arterial wall. In so doing, a more precise and expansive systemic role for the endothelium is evident. In humans, endothelial dysfunction occurs early in the natural history of obesity and diabetes, often preceding frank hyperglycemia (2, 3). Indeed, endothelial dysfunction can be found disproportionately among young, normotensive first-degree relatives of those with diabetes (63). The evidence provided here implicating PPARγ in the endothelium in directing metabolic phenotype and therapeutic responses argues that our understanding of endothelial action may need to be extended to include concepts of metabolic endothelial function and dysfunction.

**Methods**

*Glia.* Mice were bred on a high-fat diet (13.2% calories from fat; PicoLab Rodent 20 no. 5053, Lab Diet Inc.). Obesity was induced using a high-fat diet (60% calories from fat; D12492, Research Diets Inc.) for 12–27 weeks, beginning at 6 weeks of age. Low-fat diet-fed mice received the standard pellet diet throughout life. For rosiglitazone experiments, mice were fed standard diet (AIN-76A Rodent Diet, Research Diets Inc.), with or without 130 mg rosiglitazone/kg diet (ad libitum, 5 weeks; GlaxoSmithKline). The rosiglitazone dose was determined by pilot dose ranging studies. For olive oil gavage experiments with rosiglitazone, mice were fed the AIN-76A diet, with or without 70 mg rosiglitazone/kg diet (ad libitum, 5 weeks).

**Mouse EC isolation.** Microvascular ECs were isolated from mouse hearts (at 1 month of age), using ICAM-2 and PECAM-1 antibody (BD Biosciences—Pharmingen) Dynabead selection as described before (64).

*RNA analysis.* DNase I-treated total RNA was reverse transcribed, and real-time quantitative PCR with cDNA was performed using SYBR Green I (iCycler iQ Real-Time PCR Detection System; Bio-Rad). Sense and anti-sense cDNA primers, respectively, were as follows: **Pparγ, 5′-CAAGTAAC-CAAAATGCCATCAA-3′, 5′-GACAGGGTCTTTTCAGAATAATAAG-3′,** **Cd36, 5′-GGCCAAGCTATTGCGACAT-3′, 5′-CAAGATCGAACACACAGCG-**
Glucose tolerance tests were performed after an overnight fast. Paraffin-embedded adipose tissue was analyzed by Western blotting. After sacrifice (pentobarbital), left carotid arteries were removed and mounted onto glass cannulae in a pressure containing glycerol-triolein (9,10(n)-3H)oleate was used. Before incubation (1 hour, 37°C), 0.05 M Tris-HCl, pH 8.0, 0.75% BSA, 3.4 mM trilinolein, 250 μM phosphatidylcholine, and NaCl at either 0.15 M (LPL) or 1 M (HL) was combined with mouse plasma in a total volume of 0.3 mL. Liberated FAs were quantified by scintillation counting (0.5 mL aliquot, aqueous phase). Under these conditions, the partition coefficient of oleic acid was approximately 0.4. FFA effects on LPL and HL activity in post-heparin plasma was determined by incubation with emulsion particles in the absence or presence of excess FFA-free BSA (Sigma-Aldrich) as a FFA reservoir.

Vascular reactivity studies. After sacrifice (pentobarbital), left carotid arteries were removed and mounted onto glass cannulae in a pressure myograph (Living Systems) and maintained with perfusion (80 mmHg pressure, 37°C) in physiologic saline solution (PSS), containing 130 mM NaCl, 4.7 mM KCl, 1.17 mM MgSO₄, 14.9 mM NaHCO₃, 1.6 mM CaCl₂, 1.18 mM KH₂PO₄, 0.026 mM EDTA, and 5.5 mM glucose. Continuous buffer aeration (95% O₂, 5% CO₂) maintained pH 7.2–7.4. Vessel diameter was continuously recorded by video (IonWizard 4.4, IonOptica Corp.). Vessels were equilibrated in PSS alone for 60 minutes before phenylephrine constriction (10⁻⁴ M, 60 minutes). Vessel relaxation dose-response curves were generated using increasing carbachol concentrations (10⁻⁸–10⁻⁵ M) added to the organ bath, expressing relaxation as the percentage change in diameter after phenylephrine preconstriction compared with the diameter before phenylephrine constriction, using the following equation: percentage dilution = 100% × [(Dₐ − D₀)/(B − D₀)], where D is the measured arterial diameter, subscripts x and i denote arterial diameters at each dose of agonist (x) and initial diameter following phenylephrine constriction (i), and B is the basal arterial diameter before phenylephrine constriction. For each experiment, carotid arteries from WT and KO mice were studied simultaneously in a 2-vessel myograph. Experiments were repeated at least 4 times in independent preparations.

Statistics. Data are expressed as mean ± SEM. Data were analyzed by unpaired 2-tailed Student’s t test, 1- or 2-way ANOVA as appropriate. Comparisons between time points were analyzed using repeated-measures ANOVA. Correlation coefficients (r) were determined using the Pearson product-moment method. P values of less than 0.05 were considered statistically significant.


